

NURSING THE PATIENT WITH URINARY INCONTINENCE: AN INTRODUCTION

NURSING THE INCONTINENT PATIENT is a home study unit on urinary incontinence. It is based on a 54-page printed manual with 33 illustrations, which is mailed to students when they register. It includes a post test that is returned by mail after completion.

The curriculum includes the prevalence and impact of incontinence, the types of incontinence, and its assessment and management. It focuses on first-line conservative management of stress and urge incontinence using case studies.

The course is suitable for all health professionals who provide care for adult patients with urinary incontinence, but are not necessarily experts in the field.

Objectives:

On completion of this unit the participant should be able to:

1. Outline the prevalence of urinary incontinence in the adult population
2. Identify the different types of incontinence and their related symptoms
3. Identify risk factors and transient causes of urinary incontinence
4. Outline a specific approach to assessment of urinary incontinence
5. Describe to patients the appropriate treatment options with a focus on conservative management
6. Advise patients about simple conservative interventions
7. Advise patients about containment devices used in urinary incontinence

Sponsor:

This home study program is provided by *Griffiths Urodynamics and Pro-Continence Consulting*

Authors: Gloria Harrison is Nurse Continence Advisor with the Women's Health Centre at the Royal Alexandra Hospital, Edmonton, Alberta. Derek Griffiths is a medical scientist who in 1993 with Gloria Harrison established the Northern Alberta Continence Service, a nursing-based, self-referral assessment, management and educational program for people with incontinence. He researches geriatric incontinence at the University of Pittsburgh.

Planning committee:

Derek J Griffiths PhD (Chairperson)
Gloria M Harrison RN, NCA (Program Coordinator)
Linda Organist MSN, CRNP
Katherine N Moore MN, PhD
Jane A Schulz BSc, MD, FRCSC

Continuing Education Credit:

This continuing nursing education activity was approved by the Society of Urologic Nurses and Associates (SUNA) for 4.0 contact hours based on a 60 minute contact hour. SUNA is accredited as an approver of continuing nursing education by the American Credentialing Center's Commission on Accreditation.

Upon receipt of post test (with a score of 70% or more) and evaluation form, a certificate for 4.0 contact hours will be awarded and sent to you. We will also include a discussion of any incorrect answers. All post tests must be received before **September 28, 2009**.

Questions?

Contact Gloria Harrison
telephone or fax: (780) 438-2341
email: info@learncontinence.com
website: www.learncontinence.com

Registration form:

Name: _____

RN/LPN Reg. #: _____

Title/position: _____

Facility/employer: _____

Preferred mailing address: _____

City: _____

Province/state: _____

Postal code/Zip: _____

Email address: _____

Registration fee:

\$40.00/course (+ \$2.00 GST in Canada)
The registration includes the 54-page manual, post test, and evaluation form.

Payment must accompany registration form. Make cheques payable to Griffiths Consulting.

Mail registration form and payment to:

Griffiths Consulting
11127-24 Avenue
Edmonton, Alberta T6J 4P7, Canada

valid from March 2008