



***NURSING THE PATIENT  
WITH URINARY INCONTINENCE:  
AN INTRODUCTION***

## **NURSING THE PATIENT WITH URINARY INCONTINENCE:**

**AN INTRODUCTION** is a home study unit based on a 54-page printed manual with 33 illustrations, which is mailed to students when they register. It includes 7 case studies for self-assessment and a post test that is returned by mail after completion. The curriculum includes the prevalence and impact of incontinence, the types of incontinence, and its assessment and management. It focuses on first-line conservative management of stress and urgency incontinence using case studies. The course is suitable for all health professionals who provide care for adult patients with urinary incontinence, but are not necessarily experts in the field.

### **Objectives:**

On completion of this unit the participant should be able to:

1. Outline the prevalence of urinary incontinence in the adult population
2. Identify the different types of incontinence and their related symptoms
3. Identify risk factors and transient causes of urinary incontinence
4. Outline a specific approach to assessment of urinary incontinence
5. Describe to patients the appropriate treatment options with a focus on conservative management
6. Advise patients about simple conservative interventions
7. Advise patients about containment devices used in urinary incontinence

This home study program is provided by *Griffiths Urodynamics and Pro-Continence Consulting*

**Authors:** Gloria Harrison is a Nurse Continence Advisor and Research Coordinator in Edmonton, Alberta. Derek Griffiths is a medical scientist specializing in bladder problems who lives in Edmonton and currently researches geriatric incontinence at the University of Pittsburgh. In 1993 he and Gloria Harrison helped to establish a nursing-based continence service for assessment, management and educational program for people with incontinence.

### **Planning committee:**

Derek J Griffiths PhD (Chairperson)  
Gloria M Harrison RN, NCA (Program Coordinator)  
Linda Organist MSN, CRNP  
Katherine N Moore MN, PhD  
Jane A Schulz BSc, MD, FRCSC

### **Continuing Education Credit:**

Upon receipt of post test (with a score of 70% or more) and evaluation form, a certificate for 4 contact hours will be awarded and sent to you. We will also include a discussion of any incorrect answers. All post tests must be received within one year following the date of registration..

### **Questions?**

Contact Gloria Harrison  
telephone or fax: 780-438-2341  
email: [info@learncontinence.com](mailto:info@learncontinence.com)  
website: [www.learncontinence.com](http://www.learncontinence.com)  
Mail: 11127-24 Avenue NW,  
Edmonton, Alberta T6J 4P7

## **Registration form: Nursing the Incontinent Patient**

Name: \_\_\_\_\_

RN/LPN Reg. #: \_\_\_\_\_

Title/position: \_\_\_\_\_

Facility/employer: \_\_\_\_\_

Preferred mailing address: \_\_\_\_\_

City: \_\_\_\_\_

Province/state: \_\_\_\_\_

Postal code/Zip: \_\_\_\_\_

Email address: \_\_\_\_\_  
(or phone number)

### **Registration fee:**

\$50/course (+ \$2.50 GST in Canada)  
The registration includes the 54-page manual, post test, and evaluation form.

**Payment must accompany registration form. Make cheques payable to Griffiths Consulting.**

### **Mail registration form and payment to:**

Griffiths Consulting  
11127-24 Avenue  
Edmonton, Alberta T6J 4P7, Canada

(valid from March 2011)