

These programs are provided by
*Griffiths Urodynamics and Pro-Continence
Consulting*

www.learncontinence.com

Authors/speakers: Gloria Harrison is a Nurse Continence Advisor and Research Coordinator in Edmonton, Alberta. Derek Griffiths is a medical scientist who specializes in bladder problems. He lives in Edmonton and researches geriatric incontinence at the University of Pittsburgh. In 1993 he and Gloria Harrison helped to establish a nursing-based continence service for assessment, management and education for people with incontinence.

Students' Comments

"The case studies provoked critical thinking."

"Enjoyed it. We need you here in !"

"Very easy to read and understand."

"I am a self-directed learner, so I enjoyed doing this."

"Like your explanation of Kegel exercise – will try to utilize [them]."

ASSESSMENT AND MANAGEMENT OF URINARY INCONTINENCE: COURSES & WORKSHOPS



*Griffiths Urodynamics and
Pro-Continence Consulting*
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Education for Health Professionals

Self-study courses

NURSING THE PATIENT WITH URINARY INCONTINENCE: AN INTRODUCTION

is an introductory self-study unit on urinary incontinence. The curriculum includes the prevalence and impact of incontinence, the types of incontinence, and its assessment and management. It focuses on first-line conservative management of stress and urge incontinence using case studies.

The course is suitable for all health professionals who provide care for adult patients with urinary incontinence, but are not necessarily experts in the field (4 contact hours).

Faculty: Derek J Griffiths PhD,
Gloria M Harrison RN, NCA,
Katherine Moore, MN, PhD,
Linda Organist MSN, CRNP,
Dr Jane A Schulz, Urogynecologist.
Cost: \$50/course (+ \$2.50 GST in Canada)

URINARY INCONTINENCE AND THE GERIATRIC PATIENT: A NURSING RESOURCE

is a comprehensive self-study unit on geriatric incontinence. The target audience includes professionals working in home care, long term care and geriatric rehabilitation, and those caring for community dwelling seniors. The aim of the course is to increase understanding of the initial and conservative management of older adults who are experiencing problems with bladder control (6 contact hours).

Faculty: Derek J Griffiths PhD,
Gloria M Harrison RN, NCA,
Linda Organist MSN, CRNP,
Dr Jane A Schulz, Urogynecologist,
Dr Adrian Wagg, Geriatrician and Professor of Healthy Ageing.
Cost: \$125/course (+ \$6.25 GST in Canada)

Workshops

We offer half-day on-site workshops for health care professionals on the management and assessment of urinary incontinence. These are practical but comprehensive courses designed for staff who are advising or caring for individuals with urinary incontinence. They can be tailored to your specific needs.

Cost: \$600 per workshop.

1. THE BASICS OF ASSESSING AND MANAGING URINARY INCONTINENCE

A 3 to 4 hour on-site workshop on assessment and management of urinary incontinence for those who need to know the basics of caring for incontinent patients. The curriculum includes prevalence and impact of incontinence, types of incontinence, assessment, and management. The focus is on first-line conservative management.

2. INCONTINENCE AND THE GERIATRIC PATIENT

A 3 to 4 hour on-site workshop that includes an introduction to geriatric incontinence, and assessment and management of transient and established incontinence. It focuses on conservative management of established incontinence, and incorporates geriatric case studies.

Faculty: Derek J Griffiths PhD,
Gloria M Harrison RN, NCA.

For further information
email us, or complete and fax this form

Please send me more information on:

Self-study courses:

- NURSING THE PATIENT WITH URINARY INCONTINENCE: AN INTRODUCTION**
- URINARY INCONTINENCE AND THE GERIATRIC PATIENT: A NURSING RESOURCE**

Half-day workshops:

- THE BASICS OF ASSESSING AND MANAGING URINARY INCONTINENCE**
- INCONTINENCE AND THE GERIATRIC PATIENT**

Name

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